COURSE OUTLINE: FEEDING, EATING AND SWALLOWING

Course Overview:

Feeding, Eating, and Swallowing provides general information about safe food handling, identifies common diseases and conditions that affect a person's ability to eat, swallow and/or digest food, and discusses ways to assist in food intake, including adaptations to food textures, and the use of feeding tube systems.

After completing the course, participants will be able to:
- Explain general rules for safe food handling and storage
- Identify diseases and conditions that may cause dysphagia, and describe the possible adverse effects, including *aspiration, choking, dehydration,* and *malnutrition*
- Understand the meaning of medical terminology
- Recognize strategies for making mealtimes safe and comfortable, while allowing the employer as much independence and control as possible
- Describe the role of a care provider in maintaining appropriate oral hygiene routines
- Recognize various food textures
- Understand how feeding tubes work and recognize the need to be properly trained *before* assisting someone who uses a feeding tube system

Technical Requirements

The course has a responsive design. This means that participants can take their training on a computer, mobile phone, or tablet. The only requirement is internet access.

The Online Learning Experience

This online course is self-paced. Participants progress at the pace that best matches their learning style and previous knowledge. Participants can log-out whenever they like and log in later, returning automatically to the last viewed screen. Interactive screens break complex topics into smaller, more easily understood units of information, and scenario-based exercises allow participants to apply learned concepts in practical situations.   All required learning materials are within the course. After completion of the course, participants continue to have full access to course content.

Evaluation

This is a single-module course. To complete the training, participants must obtain 100% on the end-of-module test. Test questions are randomly selected from a bank of options to ensure that repeat tests will be unique. Participants who fail the test must review the materials and re-test as many times as necessary to obtain the passing grade (100%).

Certificate of Completion

Upon successful completion of testing, participants will be able to download/print a *Certificate of*

Completion which includes the date of training and the participant's full name.