


# Peer Mentor Volunteer Training

**Course Overview:**
*Peer Mentor Training Online* has been designed for individuals who have been pre-screened by the SCI organization and will be volunteering as Peer Mentors within their communities. Through completion of this course, participants will learn about their role and responsibilities as Peer Mentors, the procedures they must follow as volunteers, and strategies they can use to establish positive, productive relationships with their peers.

**Learning Objectives:**
Upon completion of the course, participants will be able to:

- Describe the role of the Peer Mentor;
- Identify the benefits of peer mentorship to mentors and mentees;
- Work with peers to set appropriate and realistic expectations for the first meetings;
- Use new communication techniques to improve interpersonal communication with a mentee;
- Recognize the attitudes and behaviours of a good Peer Mentor;
- Know the general safety precautions for volunteers;
- Recognize acceptable and unacceptable Peer Mentor attitudes and behaviours;
- Know the rules and procedures of the SCI organizations that apply to the Peer Mentorship program, and how to protect the confidentiality of a peer; and
- Recognize and respond in an appropriate and supportive manner when a peer is in crisis or at risk.

**Technical Requirements**
The course has a responsive design. This means that participants can take their training on a computer, mobile phone, or tablet. The only requirement is internet access.

**The Online Learning Experience**
This online course is self-paced. Participants progress at the pace that best matches their learning style and previous knowledge. Participants can log-out whenever they like and log in later, returning automatically to the last viewed screen. Interactive screens break complex topics into smaller, more easily understood units of information, and scenario-based exercises allow participants to apply learned concepts in practical situations.

All required learning materials are within the course, including a **Resource Library** where participants may go to view/download supplemental documents. After completion of the course, participants continue to have full access to course content and to all materials within the resource library.

**Evaluation**
The content is presented in 3 modules. To move from one module to the next, participants must obtain 100% on end-of-module tests. Test questions are randomly selected from a bank of options to ensure that repeat tests will be unique. Participants who fail a test must review the materials and re-test as many times as necessary to obtain the passing grade (100%)

**Certificate of Completion**
Upon successful completion of the final module test, participants will be able to download/print a *Certificate of Completion*. This document will include the date of training and the participant's full name.