

## **COURSE OUTLINE: SKIN CARE AND PRESSURE ULCER PREVENTION**

### **Course Overview:**

*Skin Care and Pressure Ulcer Prevention* educates participants about common skin conditions, wound care, pressure ulcer prevention and management, and general skin care guidelines.

### **Learning Objectives**

Upon completion of the course, participants will be able to:

- Understand the purpose and mechanics of the integumentary system (skin)
- Identify a variety of common skin conditions and how to address them when working as a care provider, including: warts, impetigo, psoriasis, ringworm, eczema, thin skin, moles, and ingrown hairs
- Know first aid for minor cuts and scrapes
- Describe the steps to follow when changing bandages
- Recognize the various stages of pressure ulcers, and know appropriate interventions for pressure ulcer prevention and the management of Stage 1 pressure ulcers
- Understand general guidelines for skin care including ways to prevent and treat dry skin and protect the skin when outside

### **Technical Requirements**

The course has a responsive design. This means that participants can take their training on a computer, mobile phone, or tablet. The only requirement is internet access.

### **The Online Learning Experience**

This online course is self-paced. Participants progress at the pace that best matches their learning style and previous knowledge. Participants can log-out whenever they like and log in later, returning automatically to the last viewed screen. Interactive screens break complex topics into smaller, more easily understood units of information, and scenario-based exercises allow participants to apply learned concepts in practical situations. All required learning materials are within the course. After completion of the course, participants continue to have full access to course content.

### **Evaluation**

This is a single-module course. To complete the training, participants must obtain 100% on the end-of-module test. Test questions are randomly selected from a bank of options to ensure that repeat tests will be unique. Participants who fail the test must review the materials and re-test as many times as necessary to obtain the passing grade (100%).

### **Certificate of Completion**

Upon successful completion of the module test, participants will be able to download/print a *Certificate of Completion* which includes the date of training and the participant's full name.